



NANCY: During this time of racial unrest on the heels of George Floyd's public murder, this book provides a great opportunity for white people, such as me, to take a personal journey of reflection into the ways we support systemic racism by our white fragility, privilege, and silence. What I love about this book is that it not only calls us, but also encourages us to get involved in the solutions. I highly recommend this for those wishing to consider what they can do to dismantle systemic racism.



KATHARINE: Yes, I like this book. At my college, we have continued to have issues with race relations over the years. I will recommend this book to our dean for all of our first year students in their common courses. It's so important for white people to begin to examine how they perpetuate systemic racism and to pledge to do what they can to dismantle racism.



PRISCILLA: Oh my, ladies. This was a hard read for me. I think I'm one of those fragile white ladies she talks about. I get very defensive when someone calls me racist. I didn't cause slavery, or red-lining or discrimination for that matter. I think I'm going to need to pray more about this whole situation.



JANE: You know me. I'm all about pulling yourself up by your own bootstraps. Zig Ziglar, and the power of positive thinking. Who stops someone from getting ahead in the USA today? Usually it's your own attitude. So, I think that we should focus more on building character to help people succeed.



MOLLY: You really don't get it, Jane and Priscilla, do you? Maybe we need to find another book that addresses you more clearly. Don't you understand? Black people can't just pull themselves up by their own bootstraps, because someone is holding them down. Life is not fair for African-Americans in the USA.



ABIGAIL: It's beyond time for change and this book helps us begin, one person at a time. For 400 years we have mistreated African-Americans. First with slavery, then Jim Crow, then with housing and employment discrimination. This book is an important contribution to helping us examine our white privilege and make a commitment to change. Great job, Layla Saad.

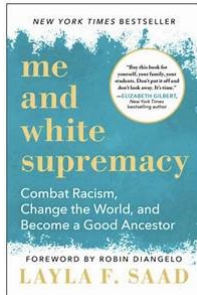


SALLIE: I like this book because it's very personal. If I were still teaching, it would help me think about what more I could do in my school and classroom to be antiracist. Now that I'm retired, living in a fairly white community I'm not quite sure what I should do. But I keep reading the 4th chapter and I tell you I'm going to be taking action soon.



Discussion Guide

About the Book



Title: Me and White Supremacy: Combat Racism, Change the World and Be a Good Ancestor

Author: Layla Saad

Published: Quercus, 2020

Website: <http://laylafaad.com/>

Questions for Discussion

1. What were your general impressions of this book?
2. On a scale of 1 to 10, where would you place yourself before reading this book on the continuum of being “woke” when it comes to systemic racism? Explain.
3. In the first chapter, you were encouraged to consider white fragility, privilege and silence? What do these terms mean and what did you discover about yourself?
4. In the second chapter, you were encouraged to consider anti-blackness, racial stereotypes and cultural appropriation. What do these term mean and what did you consider about yourself?
5. In the third chapter, you were encouraged to think about allyship. To what extent are you already an ally? In what ways to do you think you could grow into this role?
6. In the fourth chapter you were encouraged to think about power, relationships and commitments. What did you consider concerning power and relationships? Did you make any new commitments? Explain.
7. After reading this book, on a scale of 1 to 10, where would you place yourself on the continuum of being “woke” when it comes to systemic racism? Are you at the same place or in a different one since you read this book? Explain.
8. Would you recommend this book to others, right now, to help move toward an antiracist society? Is this a good Community Read book? Why or why not?
9. Read over the MAMs comments on the book. Which of them do you most agree with and why?
10. In what ways, if any, will this book change your life or perspective?